

## LAH Senior Connections Calendar (Enter through Door 2) March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b> 10:30 Solos - SS 12:00-3:00-Open Game Time-SS  10:00-2 Caregiver Closet	<b>3</b> 9:00 Mahjong – SS 12:30-3:00 Chess - NS 10:00-2 Caregiver Closet	<b>4</b> 9:30 Coffee - SS 10:30 Cancer Support Group-SS 10-2:00 Hand, Foot & Toe - NS 11:00 Headwaters Bridge 12:30 Knitting Club - SS 1 pm CG Discussion Group-AR 10:00-2 Caregiver Closet	<b>5</b> 1 pm Afternoon Out - AR 1pm Mahjong - NS 10:00-2 Caregiver Closet	<b>6</b>	<b>7</b>
<b>8</b>	<b>9</b> 12:00-3:00-Open Game Time-SS 9-5 Sewing Club - NS 10:00-2 Caregiver Closet	<b>10</b> 9:00 Mahjong – SS 9:30-3 Sewing Club - NS 12:30-3:00 Chess - DR 10:00-2 Caregiver Closet	<b>11</b> 9:30 Coffee - SS 10:30 Cancer Support Group-SS 10-2:00 Hand, Foot & Toe - NS 11:00 Headwaters Bridge 12:30 Knitting Club - SS 1 pm Parkinsons CG Disc-AR 10:00-2 Caregiver Closet	<b>12</b> 1 pm Afternoon Out - AR 1pm Mahjong - NS 10:00-2 Caregiver Closet	<b>13</b> Foot Clinic: Call to schedule appt 218-314-7776	<b>14</b>
<b>15</b>	<b>16</b> 12:00-3:00-Open Game Time-SS  10:00-2 Caregiver Closet	<b>17</b> 9:00 Mahjong – SS 12:30-3:00 Chess - NS 10:00-2 Caregiver Closet	<b>18</b> 9:30 Coffee - SS 10-2:00 Hand, Foot & Toe - NS 11:00 Headwaters Bridge 12:30 Knitting Club - SS 1 pm CG Discussion Group - AR 10:00-2 Caregiver Closet	<b>19</b> 1 pm Afternoon Out - AR 1pm Mahjong - NS 10:00-2 Caregiver Closet	<b>20</b> Foot Clinic: Call to schedule appt 218-314-7776	<b>21</b>
<b>22</b>	<b>23</b> 12:00-3:00-Open Game Time-SS  10:00-2 Caregiver Closet	<b>24</b> 9:00 Mahjong – SS 12:30-3:00 Chess - NS 1:00 Book Club - AR 10:00-2 Caregiver Closet	<b>25</b> 9:30 Coffee - SS 10-2:00 Hand, Foot & Toe - NS 11:00 Headwaters Bridge 12:30 Knitting Club - SS 10:00-2 Caregiver Closet	<b>26</b> 1 pm Afternoon Out - AR 1pm Mahjong - NS 10:00-2 Caregiver Closet	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b> 12:00-3:00-Open Game Time-SS 1-3 Crafty Creations - Card Making Group - SS  10:00-2 Caregiver	<b>31</b> 9:00 Mahjong – SS 12:30-3:00 Chess - NS 10:00-2 Caregiver Closet		<b>NS – NorthStar Room (Senior Connections)</b> <b>SS – Sunshine Room (Senior Connections)</b> <b>AR – Activity Room (Living at Home)</b> <b>CR – Conference Room (Living At Home)</b>		



Living at Home

of the Park Rapids Area

**LAH Office Hours Door 1**  
Mon-Thurs 9am - 3pm  
Friday 9am - Noon

**CG Closet Hours Door 3**  
Mon-Thurs 10am - 2pm  
Closed Fridays