

MAY

<p>Meals are served with low fat milk, bread and margarine. Meals are prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change.</p>	<p>NSI provides this service in part under the Federal Older Americans Act through a contract with the NWRDC under an area plan approved by the MBA.</p>	<p>Lunch is served at 11:30 Call 218-366-9343 at least one day prior to reserve your spot</p>		<p>1 Cook's Choice</p>
<p>4 Sloppy Joe/Bun Baked beans Potato salad Rice krispy bar</p>	<p>5 Chicken pasta salad Bread stick Fruit juice Poke cake</p>	<p>6 Meatballs Mashed potato/gravy Peas & carrots Pudding</p>	<p>7 Vegetable soup Ham salad sandwich Fruit salad Fudge crinkle cookie</p>	<p>8 Country fried steak Mashed potato/gravy Glazed carrots Rosy applesauce</p>
<p>11 Chicken strips Mashed potato w/ country gravy Corn Cookie</p>	<p>12 Meatloaf Baked potato Baked squash Jello</p>	<p>13 Brown sugar baked chicken Au gratin potatoes Carrots Fresh fruit</p>	<p>14 Taco salad Fruit juice Cornbread Ice cream</p>	<p>15 Cook's Choice</p>
<p>18 Pepper Steak Baked potato Beets Pudding</p>	<p>19 Hotdish Steamed broccoli Dinner roll Fruit cup</p>	<p>20 Baked fish Parsley red potatoes Fruited cabbage slaw Lemon dessert</p>	<p>21 Biscuit & sausage gravy Hash browns Fruit juice Fresh fruit</p>	<p>22 Onion baked Pork Mashed potato/gravy Mixed vegetables Cake</p>
<p>25 Memorial Day Closed</p>	<p>26 Hamburger/bun Tomato/Onion/Pickles Baked beans Cookie</p>	<p>27 Oven fried chicken Mashed potato/gravy Peas & carrots Fruit crisp</p>	<p>28 BBQ riblet Baked sweet potato Creamy coleslaw Jello</p>	<p>29 Cook's Choice</p>